GERMS 101 Lesson Plan

1. Explain to students about germs
2. Have students look at hands to identify any germs. Talk about how germs are too small to be seen with our eyes.
3. Generate a list on the board of all the times the students should wash their hands.
4. Ask students how well they wash their hands.
5. Ask students to demonstrate how they wash their hands using invisible sink.
6. Pour a few drops of GLO GERM on their hands and ask them to rub it into their hands (back and front) and to scrape their palms so the “GERMS” can get under their nails.
7. Line the students up and turn off the lights. Turn on the UV lamp (caution: do not let them look at the light directly!!!!) to observe the “GERMS”.
8. Escort them to the restroom and have them wash their hands as they usually would after using the restroom at school.
9. Return to room and line them up again. Turn off lights and show them their hands again (front and back).
10. How well did they do? Discuss how they should wash for at least 30 seconds with water and soap. Explain that lotion covers cracks and makes it harder for germs to set in…so use lotion. Explain that opening the fingers to wash is important and so is washing the back of the hand.